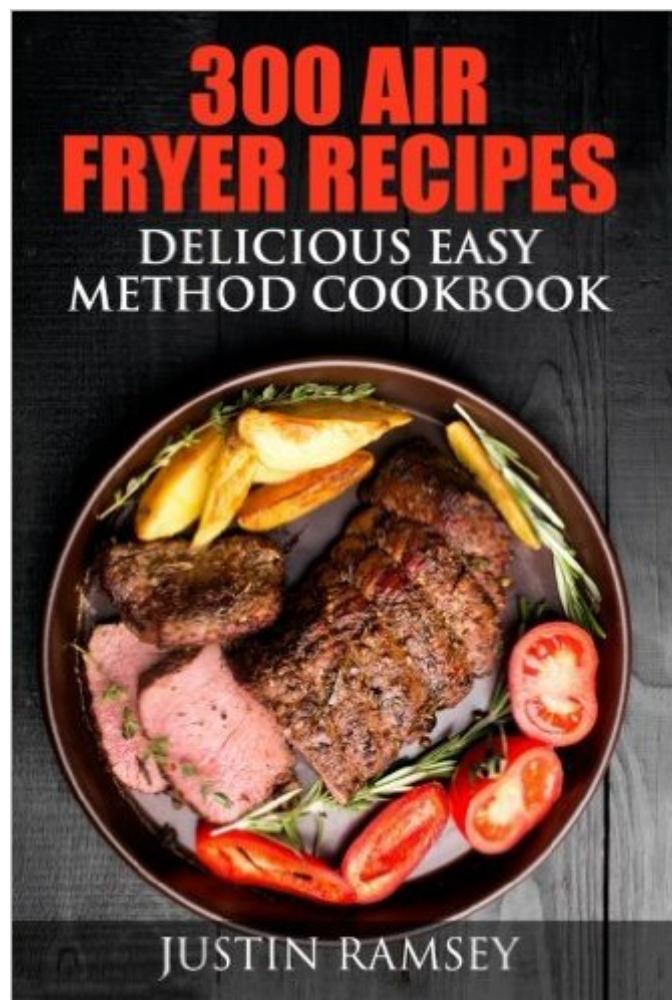


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# 300 Air Fryer Recipes: Delicious Easy Method Cookbook



## Synopsis

Great Value 300 Air Fryer Recipe Cookbook! Largest Collection Available!!This book aims to provide amazing value for readers as it contains a huge range of tasty, healthy and quality meals to make at home. It encompasses meal ideas from different cuisines (Western, European, Asian and more..) and has a large range of breakfast, side dishes, mains and dessert recipes. This is your complete ALL IN ONE RESOURCE for Air Frying!Cook classic fried foods the family will love without the guilt!Say goodbye to deep frying and saturated fats! The Air Fryer recipes in this huge book will replicate the flavor and texture of fried food without compromising your health. You will reap savings in money as well as gain in overall wellbeing for your family.Take advantage of your Air Fryerâ™s features and abilitiesGet to understand your appliance and the range of cooking techniques that can be done! The recipes in this book aim to maximize the Air Fryerâ™s utility in creating simple to more complex meals. Be inspired to try new dishes!This book assumes that the reader has no prior experience and provides simple, easy to follow recipe instructions. Even if you are new to Air Frying or even to cooking, you will pick it up in no time!Here is a snippet of our huge list of recipes:

Breakfast  
FRENCH TOAST SOLDIERS  
MUSHROOM AND FETA  
FRITTATA  
OATMEAL MUFFINS  
POTATO ROSTI  
RAREBIT WITH FRIED EGGS  
SCRAMBLED EGG  
STHAI STYLE OMELETTE  
APPLE OAT FRITTERS  
BAKED EGGS  
BREAKFAST  
FRITTATA  
CHEESY BACON CROQUETTES  
CORN FRITTERS  
Sides  
BACON PAPRIKA  
POTATOES  
BAKED ZUCCHINI FRIES  
BROCCOLI TOTS  
CAULIFLOWER BITES  
CHEESY GARLIC BREAD  
CURRIED VEGETABLE SAMOSA  
FETA WEDGES  
FRENCH FRIES  
GARLIC AND WHITE WINE MUSHROOMS  
JAPANESE ASPARAGUS FRIES  
ONION RINGS  
PARMESAN ZUCCHINI  
CHIPSPOTATO GRATIN  
ROAST WINTER VEGETABLES  
SEEDED BROWN LOAF  
Snacks  
BUFFALO CHICKEN EGG ROLLS  
CAJIN SHRIMP  
CHEESE CORN AND SPINACH SQUARES  
CHILEAN FRIED CALZONE  
SCHILI TUNA PUFFS  
CHORIZO EMPANA  
DESCORN  
DOGSCRAB AND FENNEL WONTON  
SCRISP SPICY TUNA SUSHI  
CRISPY BOCCONCINI WITH CHILI SAUCE  
CRUMBED CHICKEN STRIPS  
FRIED CALAMARI  
HOMEMADE NACHOS  
JALAPENO BITES  
JERK CHICKEN WINGS  
KALE CHIPS  
LASAGNA CUPCAKES  
MACARONI AND CHEESE  
ROUNDSPORK FRIES  
PRAWN AND PORK NOODLE BALLS  
SESAME PRAWN  
TOAST  
STAIWANESE POPCORN CHICKEN  
VEGETABLE SPRING ROLLS  
Main Meals  
BEEF STROGANOFF  
BLACK BEAN VEGGIE BURGERS  
CARAMEL APPLE PORK CHOPS  
CHAR SIEW PORK  
CHINESE BRAISED PORK BELLY  
CHIPOTLE CHICKEN  
DIJONAISE SALMON  
FRIED QUAIL WITH SPICY SALT  
HONEY MUSTARD CHICKEN  
LEMONGRASS BEEF  
MUSHROOM AND PEPPERONI PIZZA  
POTATO CRUSTED BEEF TENDERS  
ROASTED CORNISH GAME

HENROASTED MACADAMIA LAMBSNAPPER WITH ASIAN DRESSINGS  
NOODLESSPINACH AND FETA PIETHAI BASIL CHICKENTOMATO AND CHICKEN  
PASTATURKEY CHEESEBURGER MEATLOAFZUCCHINI AND PEPPER RISOTTO<sup>Desserts and Sweets</sup>  
BAKED ALASKASBANANA AND RHUBARB SLICEBLUEBERRY MUFFINSCHOCOLATE  
CAKECINNAMON DOUGHNUTSCRUNCHY SNICKERSFRIED CHOC CHIP COOKIE  
DOUGHFRUIT CAKELEMON CREAM CHEESE BARSMARBLE CAKEMATCHA ALMOND  
COOKIESPANDAN CHIFFON CAKEVANILLA SOUFFLEBe excited about cooking again! Purchase this book now to gain health whilst not compromising on flavor!

## **Book Information**

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## **Customer Reviews**

The recipe booklet that came with my air fryer was a joke. Thatâ€™s why I bought this book just to find out it is not much better. Thumbing through the book I noticed inaccuracies, omissions, and outright mistakes indicating that the recipes were hastily put together without much thought. There is no mention of how many servings each recipe yields. For instance among the breakfast items is a Potato Rosti that starts with 5 lb of potatoes (page 29). For this same recipe one first preheats the air fryer (which usually take 2-3 minutes) and then peels the potatoes, grates them, form patties and then put them in the air fryer. All 5 lb of patties at once on top of each other does not make sense to me but the recipe does not say to do it in patches. In two more recipes one preheats the air fryer and then marinates the fish for one hour (pages 221 and 256). The author acknowledges that there are many air fryer models out there and in addition to the basket they may come with a tray and baking dish. Some recipes in this book also require ramekins, silicone cupcake molds, oven safe dish or bowl (without mentioning size), small loaf baking tray that holds 2 lb of ground turkey, 1 cup

of breadcrumbs, 1 cup of milk, 3/4 lb of cheese among other ingredients (page 201). This is just one example where I am at a loss of what container to use. Also, many recipes use hard to find ingredients like: Galangal (page 210), Soba Noodles (page 261), Maida Flour (page 146), Taros (page 185), Shaoxing wine (page 251), Hung curd (page 269) and so forth. The book does not have an index and the table of content lists breakfast, sides, snacks, main meals, and desserts & sweets with the recipes in no particular order. I tried two recipes: french fries and crumbed chicken strips.

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